

**SUO-MOTO DISCLOSURE UNDER SECTION 4(1) (B) OF
RIGHT TO INFORMATION ACT, 2005**

(Updated in February, 2026)



**Central Ayurveda Research Institute,
(Central Council of Research in Ayurvedic Sciences (CCRAS)
Ministry of Ayush, Govt. of India)
Barsojai, Beltola, Guwahati Assam
Pin 781028**

Phone: 0361-2303714

Email: neiari.guwahati@gmail.com/ neiari-guwahati@gov.in

Website: <https://cariguwahati.ccras.res.in/>

RTI APPLICATION FORM

1. Particulars of the Applicant:
 - a. Name:
 - b. Address:
 - c. E-mail address:
 - d. Phone/Fax No.:
2. Date of Submission of Application:
3. Subject Matter:
4. Details of Information Requested:
5. Period of which the information relates:
6. Fee enclosed (in cash/DD/Baner's cheque/IPO):
7. Due date by which information is to be furnished (30 days from submission of application):
8. How the applicant would like his information to be sent:
 - a. By post:
 - b. To be collected by hand:
 - c. By e-mail:
 - d. By fax:

INDEX

Sr. No.	Section	Particulars	Page No
1	Section 4(1)(b)(i)	The particulars of organizations, function & duties	4-29
2	Section 4(1)(b)(ii)	The powers and duties of its officers and Employees	30
3	Section 4(1)(b)(iii)	The procedure followed in the decision-making process, including channels of supervision and accountability	31
4	Section 4(1)(b)(iv)	The norms set by it for the discharge of its functions	32
5	Section 4(1)(b)(v)	The rules, regulations, instructions, manuals and records, held by it or under its control	33
6	Section 4(1)(b)(vi)	A statement of the categories of documents that are held by it or under its control	34
7	Section 4(1)(b)(vii)	The particulars of any arrangement that exists for consultation with or representation by the members of the public in relation to the formulations of its policy or implementation thereof	35
8	Section 4(1)(b)(ix)	Directory of officers and employees	36
9	Section 4(1)(b)(x)	The monthly remuneration received by each of its officers and employees, including the system of compensations as provided in its regulations	37
10	Section 4(1)(b)(xi)	The budget allocation to each of its agencies, indicating the particulars of all plans, proposed expenditures and report on disbursement made	38-39
11	Section 4(1)(b)(xii)	The manner of execution of subsidy programmes, including the amount allocated and the details of beneficiaries of such programmes	40
12	Section 4(1)(b)(xiii)	Particulars of recipients of concessions, permits or authorizations granted by it	41
13	Section 4(1)(b)(xiv)	Details in respect of the information available to or held by it, reduced in an electronic form	42
14	Section 4(1)(b)(xv)	The particulars of facilities available to citizens for obtaining information, including the working hours of a library or reading room, if maintained for public use	43
15	Section 4(1)(b)(xvi)	The names, designations, and other particulars of the Public Information Officers	44

Particulars of Organization, Function and Duties

Central Ayurveda Research Institute (CARI), under Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Govt. of India, has been functioning in Guwahati since 1971 in the name of “Survey of Medicinal Plants Unit” in the premises of Government Ayurvedic College and Hospital, Jalukbari, Guwahati and was subsequently upgraded to “Regional Research Centre of Ayurveda” in May’1979. The Institute got its own building in February’2022 at Borsojai, Beltola, Guwahati-28 and was re-christened as “Central Institute of Tribal Medicine” in 2008. The Institute was re-named as “North Eastern India Ayurveda Research Institute (NEIARI)” in December’2009. The Institute was again re-named as “Regional Ayurveda Research Institute for Gastro Intestinal Disorders (RARIGID)” in May’2016. Since, December’2020 the Institute is known as “Central Ayurveda Research Institute (CARI)”.

The Institute consists of four divisions (1) Clinical Research Unit (CRU) (2) Survey of Medicinal Plants Unit (SMPU) (3) Pharmacology section and (4) Chemistry section

There are four buildings of CARI Guwahati in the campus.

1. One old building for IPD of CARI and temporary arrangement of Regional Research Institute (Homoeopathy).
2. One building for OPD, Pathology Laboratory, Botany section, Library, conference hall, store, Administrative block, Herbarium and Raw Drug Museum.
3. One newly constructed building for Panchkarma Block.
4. Another newly constructed building for Pharmacology and Chemistry.

CARI Guwahati has NABH accredited hospital including 10 bedded in-patients department (IPD). IPD kitchen has been certified by FSSAI w.e.f. 12.03.2025. Pathology laboratory of the institute got NABL accreditation. CARI, Guwahati is successfully providing OPD consultations, free Ayurveda medicines, basic diagnostics, Panchakarma, Yoga to the needy public in the hospital and through outreach camps in nearby areas. Several research studies related to common diseases are presently going on. Since beginning, the institute has been actively participating in achieving targets according to the allotted programs. The scientists are from diverse disciplines working with a focused aim of scientific validation of Ayurveda.

Core Research Activities of the Institute

CARI Guwahati executes research projects related to Clinical Research, Pharmacological research, Medicinal plants research, Drug Standardization Research etc. Clinical research is focused on research projects related to health promotion & diet, prevention, diagnosis and therapy of various diseases primarily Gastro-Intestinal disorders. It is also executing multiple research activities on role of diet, lifestyle & Ayurveda

medicines in management of various diseases like Grahani, Prehypertension, Arthritis etc. It also works for creating awareness about Adverse Drug Reactions (ADR) and their reporting under Pharmacovigilance.

Notable Achievements

The institute has got NABH Certification as AYUSH Entry Level Centre from National Accreditation Board for Hospitals & Healthcare Providers (NABH) to ensure quality health care services to the patients. The institute has also got NABL Accreditation of pathological laboratory from National Accreditation Board for Testing and Calibration Laboratories (NABL) to provide quality diagnostic services to the patients. The Herbarium of the Institute got International recognition of Index Herboriorum from New York Botanical Garden, USA with acronym 'NEHAR' (North East Herbarium of Ayurveda Research) in 2021 to cater the needs of Botanical and taxonomic research in the region. CARI, Guwahati has been affiliated by Health Care Sector Skill Council-National Skill Development Corporation (HSSC-NSDC) for Panchkarma Technician course.

Since inception, the Clinical Research Unit (CRU) of the institute has served 3,02,683 patients till March 2025 through consultation services of its Outpatient Department. The institute has published many scientific publications, abstracts, monographs and book reviews in various National and International Journals. Scientists has been presented research papers in various Seminars, conference etc. The reference library hosts 909 books, important scientific journals and CCRAS publications for sale. During the reporting year 2024-25, scientists from CARI have published 14 research articles including book chapters in national and international journals. Officers participated in 33 seminars, webinars, conferences, meetings, and hands- on trainings.

COVID-19 related research initiatives

The institute conducted various research projects related to prevention, diagnosis and management of COVID-19 during the outbreak of COVID-19 Pandemic. Some of these projects were- A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19 under SCSP 2021-22; Impact of Ayu Raksha Kit in COVID-19 Community Based Prophylactic Study under THCRP 2021-22; Prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 - A community based study; A prospective non-randomised open label controlled interventional study on the effect of Guduchi Ghan Vati/Sudarshan Ghan Vati as a prophylactic measure among Containment

Zone population exposed to COVID 19.

Public Health oriented research activities

The Institute is conducting various outreach activities under Tribal Health Care Research Project (THCRP)- Tribal Sub Plan (TSP), Ayurveda Mobile Health Care Project (AMHCP)- Scheduled Caste Sub Plan (SCSP), Women and child health under Scheduled Caste Sub Plan (WCH-SCSP) and Ayurvedic Health Centers at 7 other districts in Assam under NE Plan with public health orientation. Research projects related to common problems in the field of Public Health are also being executed under these activities. The institute also takes part in organizing the free health camps and distributed medicine to the needy public.

Collaborations with research organizations

For collaborative research, the institute has collaborated various prestigious research organizations including - College of Veterinary Sciences (Assam Veterinary and Fishery University), Guwahati, Assam, College of Horticulture & FSR, Nalbari (Assam Agricultural University) etc.

IT Initiatives

The institute is maintaining the patient data digitally through the AHMIS software developed by Ministry of Ayush.

Capacity Building

Under the aegis of CCRAS Headquarters, New Delhi, the institute keep organizing various training programmes for upskilling of its workforce. Four workshops on Rajbhasha Hindi were also conducted by the institute.

Recognition & Awards

Parliamentary Committee on Health & Family Welfare visited CARI-Guwahati on 24.04.2022. The inspection of institute related to the implementation of official language in the daily official work was done by the Third Sub-Committee of Parliamentary Committee on Official Language on 4th November 2022. The committee appreciated the institute for proper implementation of official language in the institute. Inspection by the Parliamentary Committee on Official Language regarding implementation of the official language in the daily official work was held on 21.04.2025 and the committee praises this Institute for the progress of activities of the official language.

Other services/activities available

CARI Guwahati also organizes various activities such as International Yoga Day, Ayurveda Day, Hindi Pakhwada, Hindi Diwas, National AYUSH programmes like Poshana Maah, Poshan Pakhwada, Swachata Hi Sewa Campaign, Vigilance awareness week, Constitution Day, Sports day, Organ donation day etc.

Grievances Redressal Mechanism

There is a public grievance committee to address the grievances of the public- Details of Public Grievance Committee-

Sr.No.	Members	Status
1.	Dr. Girindra Kumar Bora R.O.(Bio-chemistry)	Chairman
2.	Dr. Jeuti rani Das, R.O. (Ay.)	Member
3.	Dr. Masram Pravin R., R.O. (Ay.)	Member
4.	Smt Swapana Bairagi Sister In-charge	Member
5.	Shri Digant Deka Assistant	Member

Staff Grievance Committee to address the grievances of the Employees Details of Staff Grievance Committee-

Sr.No.	Staff Grievance Committee	Status
1.	Dr. Manajit Bora, R.O. (Pharmacology)	Chairman
2.	Dr.Prabin R.Masram	Member
3.	Dr. Puneet Kumar Singh R.O. (Chemistry)	Member
4.	Shri Diganta Deka Assistant	Member
5.	Mr. Biswajit Paul R.A. (Botany)	Member

Liaison Officer for SCs, STs and PwDs: Dr. Jeuti Rani Das R.O. (Ay.)

Reservation cell:

Sr.No.	SCs, STs and PwDs Committee	Status
1.	Dr. Amit, R.O. (Ay.)	Chairman
2.	Dr. Masram Pravin R., R.O. (Ay.)	Member
3.	Dr. Jeuti rani Das, R.O. (Ay.)	Member
4.	Mr. Suman Mandal R.A. (Chemistry)	Member

Liaison Officer for OBC: Mr. Devanjal Bora R.O. (Botany)

Reservation cell:

Sr.No.	OBC Committee	Status
1.	Dr. Girindra Kumar Bora R.O.(Bio-chemistry)	Chairman
2.	Mrs Sumati Singh Staff Nurse	Member
3.	Mr. Biswajit Paul R.A. (Botany)	Member

Liaison Officer for EWS: Dr. Manajit Bora R.O. (Pharmacology)

Reservation cell:

Sr.No.	EWS Committee	Status
1.	Dr. Puneet Kumar Singh R.O. (Chemistry)	Chairman
2.	Mrs Nongthombam Jonita, Staff Nurse	Member
3.	Mr. Subir Samanta Pharmacist	Member

Head of the institute

Dr. Prem Lal Bharati

Research Officer In-charge

Central Ayurveda Research Institute,
Barsojai, Beltola, Guwahati Assam-781028

**Central Ayurveda Research Institute, Guwahati Central Council of Research in
Ayurvedic Sciences (CCRAS) Ministry of Ayush, Govt. of India**

**Annexure- I
Unit wise major activities**

Sr. No.	Name of Unit	Major Activities/Services
1	Clinical Research Unit (CRU)	
	Research work	<ul style="list-style-type: none"> • Execution of research projects related to health promotion & diet; prevention, diagnosis and therapy of various diseases primarily metabolic disorders. • Dissemination of scientific information through research publications in various reputed scientific & medical journals • IEC activities- Organizing & conducting various health fairs like AYUSH Sammelan, Arogya Mela etc. <p>Conduction of various training programmes on relevant topics of Hospital administration and clinical research such as NABH Accreditation, NAMASTE Portal Sensitization, Research Methodology etc</p>
	OPD & IPD services through NABH Certified AYUSH Centre	<ul style="list-style-type: none"> • General OPD services <ul style="list-style-type: none"> ▪ Geriatric OPD, ▪ IPD • Pharmacy - dispensing free Ayurveda medicines to OPD patients • Panchakarma- OPD basis day care Panchakarma procedures are being provided
	Diagnostic Services through NABL Accredited Clinical Laboratory	<ul style="list-style-type: none"> • Hematology • Clinical Biochemistry
2	Survey of Medicinal Plants Unit (SMPU)	<ul style="list-style-type: none"> • Survey of medicinal plants • Collection & compendium of herbarium specimen of medicinal plants • Crude drug collection and supply to Peripheral institutes of CCRAS as per demand for IMR/EMR and other projects. • Maintenance of herbal garden for medicinal plants

		<ul style="list-style-type: none"> • Compendium of local health traditional claims for their further validation • Operation of herbarium and museum of rare medicinal plants and their products • Demonstration of Herbarium specimen and museum sample preparation and storage to visitors, students and research scholars. • Identification and authentication of plant samples and issuing certificates to students and research scholars. • Sale & distribution of medicinal plants to common public on various occasions.
3	Pharmacology section	<ul style="list-style-type: none"> • Evaluation of Safety and Efficacy of Ayurvedic formulations • Collaborative pharmacology research
4	Chemistry section	Phytochemical analysis of Medicinal Plants and Ayurvedic Raw Drugs standardization.
5	Peripheral Pharmacovigilance Centre (PPC)	<ul style="list-style-type: none"> • Creating awareness about Adverse Drug Reactions (ADR) and their reporting. • Conduction of various workshops/conference to sensitize healthcare professionals to report ADRs. • Reporting of Adverse Drug Reactions (ADR) to Intermediate/central pharmacovigilance centre.
6	Outreach Health Care activities	<p>Organization of medical and health check-up camps</p> <ul style="list-style-type: none"> • Ayurveda Ambulatory Health Care Program under SCSP (AMHCP-SCSP) • Tribal Health Protection and Research Program under TSP (THCRP-TSP) • Women and child Health care programme under SCSP (WCH-SCSP) <p>Ayurveda Health Centers under NE Plan</p>

Annexure-II

List of Intra Mural Research (IMR) Project

Completed Projects

SL. No.	Title of the project
Clinical Research	
1.	Therapeutic efficacy of the combination of vaca and katuki in equal parts in the management of Medoroga (lipid disorder)
2.	clinical evaluation of Palashkshara and Pashanbheda gokshura Kwath Ghana satwa in the management of Mutrasmari
3.	Management of Grahani roga with panchamrit Parpati
4.	To know the Clinical efficacy of “Parijata Patra Ghanavati”/ “Saptaparna Ghanavati” in P.vivax Malaria (Visamjwar)
5.	Reliability testing and validation of Ayurvedic Diagnostic Tools on Kasa-Swasa Roga and Jwara Roga
6.	Clinical evaluation of Punarnova Guggulu, Dasamula Ghrita and Kottamachukadi Taila in the management of Osteoarthritis)
7.	Clinical evaluation of Nisha Amlaki and Chandraprabha Vati in the management of type 2 Diabetes mellitus (Madhumeha)
8.	Documentation of efficacy of select Ayush Interventions Ayush-64 and Kabasura Kudineer in asymptomatic & mild to moderate Covid-19 patients in home isolation through a mobile app: A prospective multicenter Community based study
9.	A prospective non-randomized open label controlled interventional study on the effect of <i>Guduchi Ghan Vati/ Sudarshan Ghan Vati</i> as a prophylactic measure among Containment Zone population exposed to COVID 19
10.	Clinical Evaluation of Vatari Guggulu, Hingwastak Churna and Brihat Saindhavadi Taila in the Management of Rheumatoid Arthritis.
11.	Clinical evaluation of Yograj Guggulu, Gandharvahasta taila, and Dhanwantara Taila in the management of Osteoarthritis.
12.	A clinical study on efficacy and safety of an ayurvedic formulation ‘Kutajavaleha’ in the management of Grahani roga.
13.	A prospective open label controlled interventional study on the effect of <i>Ayurvedic</i> intervention (<i>Ayurveda Raksha Kit</i>) as a prophylactic measure in the Pandemic of COVID-19 - A community based study
14.	A prospective open labeled observational study to document the potential safety issues and prescription trends of selected <i>Rasausadhi's</i> in CCRAS -OPD's across India
15.	Clinical Evaluation of Jirakadyarishta in the management of Grahani (Mal absorption Syndrome)
16.	Evaluation of Efficacy and Safety of Ayush-M 3 in the management of Pre-hypertension-a Double blind Randomized controlled clinical study
17.	Evaluation of Efficacy and Safety of Ayush-HR in the management of Pre-hypertension-a Double blind Randomized controlled clinical study

18.	Clinical evaluation of Jatiphalyadi churna and Chitrakadi Gutika in the management of Grahani
19.	Clinical evaluation of Mustakarishtha in the management of Grahani
20.	A Clinical Consensus Study for Developing the practice guidelines of Marsa Nasya Karma with a multi-center Feasibility Study in Cervical Spondylosis
21.	Impact of Ayu Raksha Kit (ARK) in COVID-19 Community Based Prophylactic Study
22.	A prospective community based study for the evaluation of Yograj Guggulu, Ashwagandha Churna & Narayana Taila in Osteoarthritis Knee
23.	Evaluation of Effectiveness and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A randomized controlled trial
24.	Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population- A cluster randomized study
25.	Assessment of acceptability of the Comprehensive Ayurveda based health care (CABHA) approach in the tribal community and effectiveness of individualized health care - Cluster randomized study
26.	A prospective community based study for the evaluation of Yograj Guggulu, Ashwagandha Churna and Narayana Taila in Osteoarthritis Knee
27.	Anemia control among adolescent girls through Ayurveda interventions in the five districts under Mission Utkarsh
28.	Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in scheduled Caste population in India- a Community based, cluster randomized controlled study
29.	A prophylactic community based study to assess the impact of Ayu Raksha Kit
30.	Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A randomized controlled trial
31.	Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population- A cluster randomized study
32.	Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study
33.	A prospective community based study for the evaluation of Rajapravartani Vati in the Management of Primary Dysmenorrhea
34.	Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in Women's of schedule Caste population in India- a Community based, cluster randomized controlled study
35.	Cross sectional survey to determine the prevalence of Non Communicable Diseases and their risk factors among women belonging to scheduled castes across India
36.	Placebo controlled randomized trial of Ayush SR in Post-Menopausal Syndrome
37.	Effectiveness of Rajapravartani Vati and Saraswatarishtha in Dysmenorrhoea - A prospective community based study
38.	Demographic and Non communicable Disease profiling among patients seeking Ayurveda treatment from Ayurveda health center in selected North east regions in India - A descriptive , Cross sectional study

39.	Effectiveness of Ayurveda based diet & lifestyle advocacies and Ayurvedic treatment regimen in patients seeking Ayurvedic treatment from Ayurveda health center in selected North east region of India
40.	Non-Communicable Diseases and associated factors among health seekers approaching the selected Ayurveda health centers in Northeast India
41.	A prospective randomized controlled study to evaluate the efficacy of Ayurveda interventions in knee osteoarthritis
Medicinal Plant Research	
42.	Documentation of Folk healers and folk claims in the state of Assam and development of a database
43.	Development of Raw drug Museum on <i>Pratinidhi dravyas</i> along with adulterants used against medicinal plants in Ayurveda system
44.	Development of Data Bank on Ethnobotanical research and cross cultural study on sociology of reproductive health care of tribal societies involving medicinal plants across North east India
45.	Medico Ethno Botanical survey of Khasi Hills (North part) of Meghalaya
46.	Medico Ethno Botanical survey of Sunaikuchi, Hatibagara and Khulahat Forest areas in Morigaon district of Assam
47.	Development of Nursery on some medicinal and Aromatic plants of Assam
48.	Anthology of Survey Research Outcomes of Medico Ethno Botanical Survey” conducted during 2014-2019
Literary Research	
49.	Survey, Cataloging and Digitized inventory on Medical Manuscripts of North East India

Ongoing Projects

Sr.No.	Title of the project
1.	A clinical consensus study for developing the practices guidelines of Sirodhara and Sirobhyanga with a multi centre feasibility study of ksheerbala taila Sirodhara in anxiety disorder.
2.	Efficacy of Varadi kwath ghan vati as and adjunct vs treatment as usual in type 2 DM : A randomized double blind placebo controlled study
3.	Effectiveness of Drakshavaleh in improving the symptoms of functional Gastro-intestinal disorders- Multicentre study
Medicinal Plant Research	
5.	Critical appraisal and validation of Local Health Traditions (LHTs), Oral Health Traditions (OHTs) and Ethno Medicinal Practices (EMPs): An inclusive study among Ethnic communities of Northeast India
6.	Documentation and availability study of wild edible plants of Lower Assam
7.	Medico-ethno-botanical Survey of Alipurduar district in North Bengal
8.	Geographical Indication (GI) tag of selected medicinal plants used in local health traditions of Assam

Phyto-chemistry Research	
9.	Development of Quality standards, estimation of markers and shelf-life study of chopchinyadi churna, marichadi churna, musali churna and saraswat churna.
Outreach Activities	
10.	Tribal Health Care Research Programme under TSP
11.	Ayurveda Mobile Health Care Research Programme under SCSP
12.	Women & Child Health under SCSP
13.	Ayurveda Health Centre under NE plan

Annexure- III
Details of Collaborative Research Projects

Completed Projects

S.N.	Title of the project
Clinical Research	
1.	‘Systems Biology Approach to Delineate Molecular Signatures of <i>Prakriti</i> in Healthy Humans’
Pharmacology Research	
1.	‘Toxicity studies and Evaluation of Anti-inflammatory and Anti-arthritis activities of Shunthi guggulu (Triphala sodhita) in rats
2.	‘Acute and Ninety days repeated dose (Sub-chronic) oral toxicity studies of coded formulation Ayush-PTK’.
3.	‘Evaluation of Neuroprotective and Antioxidant Effects of Vasantakusumakara rasa in a rat Model of Type II diabetes neuropathy’

Annexure- IV

Details of EMR Projects

Completed Projects

S.N.	Title of the project
1.	Development of Nursery on some medicinal and Aromatic plants of Assam (2020-21)

Ongoing Projects

S.N.	Title of the project
1.	Critical appraisal and validation of Local Health Traditions (LHTs), Oral Health Traditions (OHTs) and Ethno Medicinal Practices (EMPs): An inclusive study among Ethnic communities of Northeast India (2021-22 to 2026-27)

Out Patient Department (OPD)

Statement of patients attended to OPD during different years since inception up to March 2024.

S. No	Year	No. of patients attended at OPD													
		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1	2002-2003	418	400	104	82	522	482	215	264	29	16	244	280	766	762
2	2003-2004	1142	1564	372	292	1514	1856	621	1132	109	67	730	1199	2244	3055
3.	2004 -2005	628	716	124	68	752	784	534	728	44	28	578	756	1330	1540
4.	2005-2006	1056	1131	175	152	1231	1283	1128	1378	100	66	1228	1444	2459	2727
5.	2006-2007	1374	1509	283	262	1657	1771	1540	1681	89	127	1629	1808	3286	3579
6	2007-2008	1470	1712	285	283	1755	1995	1623	1623	127	137	1750	1760	3505	3755
7	2008-2009	1875	2038	312	266	2187	2304	1526	1720	106	96	1632	1816	3819	4120
8	2009-2010	2113	2487	264	270	2377	2757	2142	2423	120	138	2262	2561	4639	5318
9	2010-2011	2022	2115	180	134	2202	2249	1770	1880	90	70	1860	1950	4062	4199
10	2011-2012	2300	2602	195	206	2495	2808	2410	2866	97	129	2507	2995	5002	5803
11	2012-2013	2485	2776	232	223	2717	2999	2771	3212	129	115	2900	3327	5617	6326
12	2013-2014	2781	3139	306	272	3087	3411	2841	3951	158	141	2999	4092	6086	7503
13	2014-2015	3254	3747	364	348	3618	4095	3234	4823	187	175	3421	4998	7039	9093
14	2015-2016	3553	4334	331	314	3884	4648	3465	5335	177	127	3642	5462	7526	10110
15	2016-2017	3729	4541	331	330	4060	4871	3157	4640	189	161	3346	4801	7406	9672
16	2017-2018	3790	4048	272	242	4062	4290	3962	4587	132	94	4094	4681	8156	8971
17.	2018-2019	3901	4095	279	226	4180	4321	4285	4627	203	130	4488	4757	8668	9078
18.	2019-2020	4003	4408	240	218	4243	4626	4790	4870	118	105	4908	4975	9151	9601
19.	2020-2021	2349	2454	122	86	2471	2540	3104	2874	78	43	3182	2917	5653	5457
20.	2021-2022	3483	3392	166	101	3649	3493	4319	4187	52	40	4371	4227	8020	7720
21.	2022-2023	4846	5178	221	144	5067	5322	5662	5897	100	78	5762	5975	10829	11297
22.	2023-2024	6020	5857	259	174	6279	6489	7206	7115	163	83	7369	7198	13648	13687
23.	2024-2025	6715	7075	274	256	6989	7331	7786	8055	150	88	7936	8143	14925	15474
TOTAL		65307	71318	5691	4949	70998	76725	70091	79868	2747	2254	72838	82122	143836	158847

OPD Day wise Doctor's Duty

Day	Name of the Doctor (OPD-1)	Name of the Doctor (OPD-2)
Monday	Dr, Dinesh Baruah, Consultant (Ay)	Dr. Amit , Research Officer (Ay)
Tuesday	Dr. P. L. Bharati Research Officer (Ay) In-charge	Dr. Jeuti Rani Das Research Officer (Ay)
Wednesday	Dr. Pravin R. Masram, Research Officer (Ay)	Dr, Dinesh Baruah, Consultant (Ay)
Thursday	Dr. Pravin R. Masram, Research Officer (Ay)	Dr. Jeuti Rani Das Research Officer (Ay)
Friday	Dr. P. L. Bharati Research Officer (Ay) In-charge	Dr. Amit , Research Officer (Ay)
Saturday	Dr, Dinesh Baruah, Consultant (Ay)	Dr.Pravin R.Masram, Research Officer (Ay)
Note: OPD will be closed on 2 nd Saturday and Gazetted holidays		

More prevalent diseases found in General OPD (New cases) in 2024-25

S.No.	Diseases	No. of Patients
1	वातब्याधि	3852
2	सन्धिवातः	2884
3	शूलः	1662
4	मधुमेहः	1449
5	अर्शः	1248
6	दौर्बल्यम्	1154
7	अम्लपित्तम्	949
8	कुष्ठम्	663
9	कासः	512
10	गृध्रसी	430
11	आध्मानम्/ आनाहः	420
12	कण्डूः	413
13	विबन्ध	408
14	त्रिकग्रहः (केवलवात)	324

15	ग्रन्थिः	323
----	----------	-----

More prevalent diseases found in Geriatric OPD (New cases) in 2024-25

S.N.	Diseases	No. of Patients
1	सन्धिवातः	1686
2	वातब्याधि	1561
3	मधुमेहः	498
4	दौर्बल्यम्	335
5	शूलः	314
6	अम्लपित्तम्	205
7	अर्शः	151
8	कासः	149
9	ग्रहणीदोषः	115
10	वाताष्ठीला	115
11	त्रिकग्रहः (केवलवात)	112
12	विबन्ध	110
13	मूत्रकृच्छ्रम्	109
14	गृध्रसी	108
15	कण्डूः	96

Statement of patients admitted/discharged since Inception up to 2019-25

Sr. No.	Year	No. of patients attended at IPD							
		Admitted				Discharged			
		M	F	Child	Total	M	F	Child	Total
1.	2019-20	28	43	0	71	28	43	0	71
2.	2020-21	22	16	1	39	19	15	1	35
3.	2021-22	17	06	0	23	18	06	0	24
4.	2022-23	73	93	8	174	73	88	6	167
5.	2023-24	86	91	2	179	89	90	2	181
6.	2024-25	86	117	1	204	81	117	1	199
Total		312	366	12	690	308	359	10	677

Note: IPD started from 15th Oct. 2019

Percentage of yearly bed occupancy during different years since 2019-20 up to 2024 -2025

S. No.	Year	No. of beds available	Percentage of yearly bed occupancy
1.	2019-20	10	50%
2.	2020-21	10	53.56%
3.	2021-22	10	33.27%
4.	2022-23	10	52.86%
5.	2023-24	10	60.19%
6.	2024-25	10	63.86%

Ayush Hospital Management Information System (A-HMIS)

Background:

As per the directives of letter vide no. 28-11/2017-CCRAS/IT/HQ 5565, it was directed to implement the Ayush-Hospital Management Information System (A-HMIS) in Central Ayurveda Research Institute, Guwahati. The initiative to implement A-HMIS was taken in April 2019. Initially project started with the facility available in the Institute. The A-HMIS was implemented May, 2019. Objective of A-HMIS is to increase the patient care and work efficiency in AYUSH system, to make documentation effective and to make the management efficient.

Data of patients recorded on AHMIS in the year 2024-25: 3562 Patients

Laboratory Status

Laboratory (Biochemistry/Pathology): During this reporting year **74602** Laboratory Investigations (**48824** of Biochemistry and **25778** of Pathology) were performed on the patients visiting the OPD/IPD

1. PATHOLOGY:				
SL. NO	LAB TEST	MALE (April 2024-March 2025)	FEMALE (April 2024-March 2025)	TOTAL (MALE + FEMALE)
1	TC	690	1380	2070
2	DC	690	1380	2070
3	ESR	613	756	1369
4	HB	847	1623	2470
5	Platelet Count	643	1269	1912
6	RBC	643	1269	1912
7	HCT	643	1269	1912
8	MCV	643	1269	1912

9	MCH	643	1269	1912
10	MCHC	643	1269	1912
11	MPV	643	1269	1912
12	RDW-CV	643	1269	1912
13	RDW-SD	643	1269	1912
14	URINE R/E	35	31	66
15	ABO Rh grouping	9	5	14
16	BT	2	0	2
17	CT	2	0	2
18	MP	3	11	14
19	PBS	3	490	493
TOTAL		8681	17097	25778

2. BIOCHEMISTRY:

SL. NO	LAB TEST	MALE (April 2024- March 2025)	FEMALE (April 2024-March 2025)	TOTAL (M + F)
1	SUGAR	1602	1419	3021
2	URIC ACID	913	1391	2304
3	UREA	652	1455	2107
4	CREATININE	783	1553	2336
5	SGOT	607	1531	2138
6	SGPT	607	1531	2138
7	TOTAL PROTEIN	603	1135	1738
8	ALBUMIN	603	1135	1738
9	GLOBULIN	603	1135	1738
10	A/G RATIO	603	1135	1738
11	TOTAL BILIRUBIN	607	1531	2138
12	DIRECT BILIRUBIN	607	1531	2138
13	INDIRECT BILIRUBIN	607	1531	2138
14	ALKP	603	1134	1737
15	CHOLESTEROL	509	1084	1593
16	TRIGLYCERIDES	509	1085	1594
17	HDL	509	1084	1593
18	LDL	509	1084	1593
19	VLDL	509	1084	1593
20	ASO	102	225	327
21	CRP	223	435	658
22	RA FACTOR	169	840	1009
23	HbA1c	561	426	987
24	S. CALCIUM	179	913	1092

25	Typhoid	5	11	16
26	T3	329	1318	1647
27	T4	329	1318	1647
28	TSH	379	1455	1834
29	VIT-D3	133	667	800
30	IRONE(Fe)	29	446	475
31	TIBC	15	403	418
32	FERRITIN	16	407	423
33	SODIUM(Na ⁺)	107	72	179
34	POTASSIUM(K ⁺)	107	72	179
35	CHLORIDE	6	14	20
TOTAL		15234	33590	48824

Panchakarma Section

A total of 16189 Panchakarma treatments were performed on patients visiting CARI, Guwahati. The major treatments performed included Abhyanga, Nadi Sweda, Sarvanga Sweda, Kati Basti, Janu Basti, Greeva Basti, Nasya and Matra Basti etc. Panchakarma treatments were provided to both OPD and IPD patients of the institute. Special treatments like Netra Kriyakalpa and Agnikarma along with Panchakarma treatments were also performed on needy individuals for better results. A total of 946 new male patients, 1666 new female patients, 6930 old male patients and 6647 old female patients reported for Panchakarma treatments. The number of Panchakarma treatments has increased compared to last year which was 14467 in 2023-24.

Sr. No	Therapy/ Panchakarma Procedure	New		Old		Total (M+F)
		M	F	M	F	
1.	Abhyanga (Ekanga/Sarvanga)	288	519	2226	2192	5225
2.	Nadi Sweda	243	118	1728	526	2615
3.	Sarvanga Sweda/Bashpa Sweda	23	468	314	1713	2518
4.	Baluka Pottali Sweda	1	13	11	34	59
5.	Churna Pinda Sweda	2	5	17	17	41
6.	Patrapottali Sweda	4	11	37	62	114
7.	Jambeera Pinda Sweda	0	7	5	25	37
8.	Sashtika shali Pinda Sweda	2	2	25	2	31
9.	Kati Basti	169	183	1067	695	2114
10.	Greeva Basti	31	18	109	62	220
11.	Janu Basti	84	185	643	854	1766

12.	Merudanda Basti	10	11	87	26	134
13.	Sarvanga Dhara (Dhanyamla/Kashaya/Ksheer)	2	1	12	1	16
14.	Udvardana	10	21	65	60	156
15.	Shirodhara	13	12	110	64	199
16.	Shiro-abhyanga	4	2	29	0	35
17.	Shirobasti	1	0	14	0	15
18.	Matra Basti/Anuvasan Basti	12	19	135	116	282
19.	Niruha Basti/Asthapana Basti	0	4	20	11	35
20.	Vaitarana Basti/Ksheer Basti	0	2	4	6	12
21.	Nasya	27	30	255	132	444
22.	Virechana	3	9	3	4	19
23.	Netra Tarpana	1	1	6	3	11
24.	Upanaha	0	2	0	6	8
25.	Annalepa	1	0	7	0	8
26.	Lepa	0	2	0	21	23
27.	Agnikarma	15	21	1	15	52
Total		946	1666	6930	6647	16189

A) Tribal Health Care Research Programme (THCRP) under Tribal Sub-Plan (TSP)

The Ministry of Tribal Affairs is implementing the Tribal Sub-Plan (TSP) to speed up the Socio-economic development of Scheduled Tribes (ST) people. Tribal Sub-Plan came into existence in 1974-75. Tribal sub Plan (TSP) now called Scheduled Tribe Component (STC) at a central level is a dedicated source of funding tribal development. The aim of this plan is to bridge the gap between tribal population and others by stepping up the access to education and health services, income generating opportunities, and protection against exploitation. As a part of this, from the funds allocated to the Ministry of Ayush, Central Council for Research in Ayurvedic Sciences (CCRAS), initiated Tribal Health Care Research Program (THCRP) under Tribal Sub Plan (TSP) to undertake outreach health care services through its 14 peripheral institutes rendering clinical services. Central Ayurveda Research Institute, Guwahati is implementing the Tribal Health Care and Research Programme under Tribal Sub Plan since 2002. Under this project, total of 106 tribal villages has been surveyed. The total population covered during the project is **1,22,038**. The free health check-up and treatments are provided to total **41,384** no. of patients, out of which **25,458** were new patients and **15,926** were follow up cases. During whole

research period 254 of folklore claims has been documented.

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled Tribes.

Objectives:

1. To understand the health status of the target population in context with their socio-demographic conditions
2. To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
3. To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
4. To know about perception of the study population regarding Ayurveda for health care

Sl. No.	Year	No & name of villages covered	No of Villages covered.	Total populations covered.	No. of New patients.	No. of old patients.	Total patients
01	2002-2003	1.Tepesia 2.Yogdal 3.Katakeepara	03	5030	1736	443	2179
02	2003-04	1.Jalukbari	01	876	163	47	210
03	2004-2005	1.Panbari 2. Misamari. 3. Gariaghuli. 4.Thakurchi	04	5278	859	285	1144
04	2005-2006	1.Chandapur goan 2.Chandapur bagicha 3.Borkhatgoan. 4.Luflong NC 5.Luflong village. 6.Mariakuchi 7.Birkuchi	07	5139	928	390	1318
05	2006-2007	1.Diksak 2.Bejeni 3.Bamunkhat 4 Panikhaiti goan	04	5943	1009	558	1567
06	2007-2008	1.Ghagua, 2.Luri 3.Barkuchi	03	1390	615	902	1517
07	2008-2009	1.Borgoan 2.ketekijhar 3.Garobasti 4.Belguri.	04	5415	395	522	917
08	2009-2010	1.Batahkuchi 2.Hajongbari	03	5955	467	601	1068

		3. Burahmayong.					
09	2010-2011	1.Pavakati kachari Goan 2.Dhemai village 3.Moupur 4. Sendurighopa..	04	5465	374	495	869
10	2011-2012	1.Upporikhola 2.Gajai goan 3.Baratandu. 4.Sarutandu.	04	5318	348	620	968
11	2012-2013	1.Andherijuli 2.Rajapanichanda	02	5356	290	473	763
12	2013-2014	1.Sarugoan 2.Naukuchi 3.Tegheria 4.Barbitali 5.Bhoragoan	05	5094	404	531	935
13.	2014-2015	1.Bandorgog 2.Markong 3.Magursila 4.Southala 5.Rajapara 6.Patgaon 7.Burha Mayong 8.Panisenga 9.Punampur	9	6361	641	946	1587
14.	2015-2016	1.Deulguri 2. Nortap 3. Challi 4. Batahbari 5. Garopara 6. Tulsibari 7. Deopani 8. Dhekiabari 9. Murkata	09	6894	1622	2725	4347
15.	2016-2017	1. Laduguri 2. Gosaihat 3. Borduar Bagan 4. Balahpur 5. Mohmarrang 6. Kumarbori 7. Manikpur 8. Khokhapara	08	7048	1884	550	2434
16	2017-2018	1. Ratanpur 2. Gohalkona 3. Nalapara no. 2 4. Jalukbari 5. Jarpara 6. Nalapara no. 1 7. Dakuapara 8. Patgaon	08	7811	1749	543	2292
17.	2018-2019	Khatira Chakrapni Jpardhania	05	7333	1588	1184	2772

		Katahbari bakrapara Nijbagai					
18.	2019-20	1. Pukhripara 2. Sakhati 3. Kahuaand Bakalipara 4. Dhogguri	04	7605	1380	1258	2638
19	2020-2021	1. Rajapara 2. Bondapara 3. Rihabari 4. Turakpara 5. Durapara	05	6308	1349	617	1966
20	2021-2022	1. Hahim Gaon 2. Khatkhati, Langkona, Dakhulipara 3. No.2 Dilinga Data 4. No.2 Uttar Sakhadari 5. Nagopara Data Mauman	05	5849	1901	588	2489
21	2022-2023	1. Chaudhurypara 2. Deliapara 3. Jarpara 4. Pakhrapara	04	6200	2826	758	3584
22	2023-2024	1. Barmola, Bamunigaon 2. Mainasundari, Bhitorkhola 3. Dalam Malam, Kulsi 4. Salbari, Bogapani 5. Nalbari Village	05	3850	2930	890	3820
23	2024-25	1. Udalpara 2. Sakhadari 3. Rajapara / Hashi 4. Bondapara	04	520	2688	793	3481
Total			106	122038	25458	15926	41384

Ayurveda Mobile Health Care Programme (AMHCP) under Schedule Caste Sub Plan (SCSP)

The core objectives of the programme comprise; study of the living conditions, geographical and environmental profile of SC people in the selected area, study of dietetic habits, socio-demographic profile, nature and frequency of prevalent diseases and collection of information related to health status, propagation of knowledge about hygiene and prevention of diseases and provide medical aid at their door steps etc.

Central Ayurveda Research Institute (CARI) Guwahati has been conducted this programme from 2015 and successfully achieved target every year.

During the reporting year 2024-25, total 175 tours has been conducted in Four clusters including Buraburi,

Dhankhunda, No 1 Bagta and Parly village of Kamrup District and total 480 SC population has been surveyed. Total 2927 patients (1930 New and 997 follow up cases) of various ailments were treated. The main scheduled castes inhabiting the villages found were Mandal, Sutradhar, Kaiborta, Hira, Biswas, Malakar, etc. There are some medicinal plants like *Azadirachta indica A. Juss*, *Mangifera indica Linn*, *Emblica officinalis Gaetrn*, *Hibiscus rosasinensis Linn*, *Curcuma longa Linn*, *Cocos Nucifera*, *Areca catechu*, *Zingiber officinalis Rosc*, *Ocimum sanctum Linn*, *Aegle marmelos Corr.*, *Zizyphus jujube Lam*, *Oxalis corniculata Linn*, *Ricinus communis*, *Vitex negundo* prostate etc are available in the villages.

Statement of populations covered since inception up to 2024-2025

Sl. No.	Year	No & name of villages covered	No of Villages covered	No. of visit made	Total populations covered	Total SC populations covered	No. of New patients	No. of old patients	Total patients
1	2015-2016	1.Tetelia Gaon 2.Koibottopara 3.Rongamati	3	28	1450	1244	276	161	437
2	2016-2017	1.Majortol 2.Goraghat 3.Paschintol 4.Napuranpara 5.Borbil 6.Gosaighar	6	139	9176	8491	1871	681	2552
3	2017-2018	1.Majgaon 2. Manikarneswer 3. Bhomarbari 4.Hainidi 5.Bhailabari 6.Anand nagar	6	171	10928	10155	2094	1006	3100
4	2018-2019	1.Manah kuchi 2. Dihina 3. Amingaon Lachit Garh Panchayat Ward No. 10 4. Bagta 5. Japia 6.Nij Dimoria	6	240	11238	10363	2403	2537	4940
5	2019-2020	1.Santitol 2.Nij Hajo 3.Pub Maloibari 4.Bongolarh 5.Gaon Dimoria 6. No 1 Oujari	6	240	11377	11302	2714	1408	4122
6	2020-2021	1.Rajgarh 2.Khanpara 3.Durung 4.Jhargaon 5.Khanpara Parbat	5	174	7171	7018	2099	257	2356

7	2022-2023	1. Gorgora 2. Kholoni Beel 3. Koibortotola 4. Uttar Dimoria 5. Dhipujiajn Pam	5	211	6183	6183	3622	1791	5413
8	2023-2024	1.Dhantala 2.Dhipujipathar 3.Borchapori 4.No 2 Oujari 5.Panipara	5	200	3812	3812	4483	1191	5674
9	2024-25	1.Buraburi	4	175	480	480	1930	997	2927
		2.Dhankhunda							
		3.No 1 bagta							
		4.Parlly							
Total			46	1578	61815	59048	21492	10029	31521

Women and Child health care under Ayurveda Mobile Health Care for Scheduled Caste Program (WCH-SCSP)

Central Ayurveda Research Institute, Guwahati the WCH (SCSP) was initiated since 22nd January 2019. Aims of the program was to provide mother and child health care awareness and medical services in the Schedule Caste (SC) dominant community and core objective were to study the Socio-Economic status, living conditions, Educational status, dietetic habits, life styles and health care seeking behavior of SC Women and Children to generate awareness on Ayurvedic concepts i.e. Swasthavrita, Pathyapathya, Sadvitta, etc. for promotion and maintenance of health and improvement of the quality of life to provide primary health care services at their door steps through Ayurveda especially to women and children of SC community to reduce the mortality & morbidity. To fulfill the programme WCH (SCSP) team has conducted tour and surveyed door to door of the villagers and collected demographic data as per format. Medical team provided medical facilities with free medicines in various ailments at their doorsteps. During the reporting year 2024-25 total 200 tour was conducted in four villages of Kamrup district of Assam Accordingly: Athgaon, Chanmaguri, Panikhaiti, Kandulimari, and Baniyapara. Total 6425 Patients (5450 were women and 531 were children) were treated and medicines dispensed free of cost during reporting year. Total 6334 scheduled caste patients were (5638 were women and 966 were children) treated of various ailments. Total 9709 Laboratory investigations (Hb-2822 and RBS-2745 and other investigation 4098) were also carried out for these patients.

During the interaction with the local population, it was observed that Dourbalya (weakness), *Aruchi*(Anorexia), *vatavyadhi* (pain disorder), *Sandhivata* (Joints pain) *Kasa* (Cough), *trikagraha* (bachache), *Amlapitta* (Acidity), *Vibandha* (Constipation), *kandu* (skin allergy), *jwar* (fever), *Swetpradar* (Leucorrhoea), *Udavartini* (Dysmenorrhoea), *Artavadosha* (Menstrualproblems), *Padashool* (paininfect)swas(asthma), *Aamavata* (*Rheumatoid disorder*) and *Grahanidosha* (*irritable bowel syndrome*) were most common ailments among the women and children of these villages.

Statement of populations covered since inception upto 2024-2025

Year se (to be en till -23)	No.of Villages covered	No.of tours	Populatio n surveyed	No.of patient treated		No.of SC patient treated	
				Women	Children	Women	Children
2018-19	Dhingsatra, Kuttingpahar, Monikorneswar, Majortol, Borkuchi	240	5197	1359	390	1326	382
2019-20							

2020-21	Koibottopara, Rongamati, Haindi, Bhomarabari, Bhoilabari	180	5021	2529	703	2435	688
2021-22	Kuldung, Majpara, Bhakatpara, Satrapara, Khairamuri, Bakta-4	182	5970	2893	888	2888	888
2022-23	Charabari, 1 No Kulhati, Sikarhati,Bartari	201	6392	2140	597	2132	597
2023-24	Bongaltola, Tarigaon,Makali, 3Nooujari,Gaon Dimori	201	3773	4926	1111	4852	1111
2024-25	Athgaon, Chanmaguri,Panik haiti,Kandulimaria nd Baniyapara	200	0	5450	531	5638	966

Ayurvedic Health Centre (AHC) Extension under the North-East Plan

As per the direction and guidelines of CCRAS, New Delhi the Institute has set up extension centers of Ayurvedic Health Center in different districts of Assam. Initially in the year 2016-17 ten Ayurveda health center started in ten district of Assam State and further in the year 2018-19 five center established, at present total 07 Ayurveda health center are functioning as extension center of CARI, Guwahati. All extension centers are located about 60 to 400 Km away from the Institute. Space provided by the Assam state Government in respective District hospital, Community Health center or in Primary health center. Man power has appointed SRF (Ay.), Pharmacist and M.T.S. on contractual basis in each health center. Two extra SRF at CARI Guwahati appointed for smooth conducting of AHC. Keeping the view to provide the ayurvedic treatment facilities and creating the health awareness by this center providing free consultation along with Ayurvedic medicines through OPD, distribution of Leaflets / IEC materials and create a general health awareness i.e Dincharya, Ahhar, Vihar etc. Organized a free health checkup camp in nearby area of the Ayurveda health center. Conducting a routing blood investigation in day-to-day programme, further enthusiastically celebrate International Yoga Day, Ayurveda Day, Poshan maha etc. Under NE project one IMR project carried out.

Seven (07) extension centers of Ayurvedic Health Center are as follows-

1. UK & CK Goswami PHC Barihat, Amranga, Dist –Kamrup (R)
2. Nakhla Model Hospital, Jagiroad, Dist – Morigaon
3. Dhula MPHC, Dist – Darrang
4. Nasatra PHC, Dist – Barpeta
5. Kanaklata civil Hospital, Sonitpur
6. Bikali Model Hospital, Dhupdhara, Dist – Goalpara
7. AHC Lumding: Hojai

Statement of patients attended at OPD: from 2016-17 to 2024-25

S N	Year	Number of patients attended												Total		Grand Total	
		NEW						OLD									
		Adult		Child		Total		Adult		Child		Total					
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		
1	2016-17 to 2024-25	83	131	15	14	114	146	47	61	33	36	50	50	6523	16	211	37673
		09	761	01	91	319	675	15	58	48	53	3	7		48	912	4
		6		8	4			5	4						22		

A. Statement of patients attended at OPD: April 2024 - March 2025

S. N.	Name of AHC	Number of patients attended												TOTAL		GT (M+F)
		NEW						OLD								
		Adult		Child		Total		Adult		Child		Total				
		M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	UK & CK Goswami PHC, District-Kamrup (R)	1403	1620	439	408	1842	2028	413	553	108	99	521	652	2363	2680	5043
2	Dhula MPHC, Dist Darang	1800	2683	648	661	2448	3344	96	91	1	3	97	94	2545	3438	5983
3	AHC Lumding, Dist: Hojai	1617	1981	73	125	1690	2106	288	317	6	8	294	325	1984	2431	4415
4	AHC Morigaon, Nakhola Model Hospital, Jagiroad	1590	1923	98	69	1688	1992	626	591	4	5	630	596	2318	2588	4906
5	AHC, Kanaklata Civil Hospital, Tezpur	1894	2385	98	117	1992	2502	927	1325	29	34	956	1359	2948	3861	6809
6	AHC, Nasatra PHC, Dist-Barpeta	2407	2258	191	181	2598	2439	98	97	6	6	104	103	2702	2542	5244
7	AHC Bikali Model Hospital, Dhupdhara, Dist. Goalpara	1697	1966	68	78	1765	2044	353	375	9	10	362	385	2127	2429	4556
TOTAL		12408	14816	1615	1639	14023	16455	2801	3349	163	165	2964	3514	16987	19969	36956

Section 4(1)(b)(ii)}

Powers and Duties of Officers and Employees

CCRAS is headed by the Director General, who is assisted by the Deputy Director General and Dy. Director (Administration). CARI Guwahati is a peripheral unit of CCRAS and headed by the Assistant Director Incharge. The Powers and Functions of the Director General, CCRAS, Dy. Director (Admn.) and Incharges of the Institutes are available on CCRAS's website i.e. www.ccras.nic.in, under the Head Memorandum of Association, Rules, Regulations and Bye- Laws of the Council.

{Section 4(1)(b)(iii)}

The procedure followed in the decision-making process,
including channels of supervision and accountability

The CARI, Guwahati is taking decision on various issues in the following manners:

This Institute has a mandate in Research Activities framed by the CCRAS and decisions are arrived from Hqrs. Level through PEMC, SFC etc.

The final decision-making authority is Governing Body of the Council/Council.

{Section4(1)(b)(iv)}

Norms set for discharge of functions

As per the Bye-Laws of the Council (CCRAS), provided time to time.

The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions

1. Manual of Office Procedure
1. Fundamental Rules and Supplementary Rules (FR&SR)
2. CCS (Classification, Control and Appeal) Rules 1965
3. CCS(Conduct) Rules 1964
4. General Financial Rules(GFR)
5. Delegation of Financial Power Rules
6. CCRAS (Pension) rules in line with CCS (Pension) Rules
7. Central Services (Medical Attendance) Rules
8. Central Civil Service Leave Rules
9. Central Civil Services Leave Travel Concession Rules
10. Central Vigilance Commission (CVC) Manual

{Section4(I)(b)(vi)}

A statement of the categories of documents that are held by it or under its control

No such documents are held in Vigilance Section that needs to be disclosed under this Section.

{Section 4(I)(b)(vii)}

The particulars of any arrangement that exists for consultation with, or representation by, the members of the public in relation to the formulation of its policy or implementation thereof

Nil

{Section 4(1) (b) (ix)}

**DIRECTORY OF OFFICERS AND EMPLOYEES
OF CENTRAL AYURVEDA RESEARCH INSTITUTE, GUWAHATI**

S. N.	Name of the Post	Name of Officer/Official	Phone No/ Extension No	Email ID
1.	Research Officer (Ay) In-charge	Dr. P. L. Bharati	9407587686	plbharati@gmail.com
2.	Research Officer (Bot)	Mr. Devanjal Bora	6913520094	devanjal49@rediffmail.com
3.	Research Officer (Pharmacology)	Dr. Manajit Bora	9919638751	manajitbora6@gmail.com
4.	Research Officer (Bio Chem)	Dr. Girindra Kr. Bora	9613111460	Girindrakumarbora@gmail.com
5.	Research Officer (Ay)	Dr. Jeuti Rani Das	9509192744	djeutirani@yahoo.in
6.	Research Officer (Ay)	Dr. Amit	7027952029	dr.madan.amit@gmail.com
7.	Research Officer (Ay)	Dr. Masram P. Radhesham	9624603204	Pravinmasram15@gmail.com
8.	Research Officer (Chemistry)	Dr. Puneet Kumar Singh	8860382792	0106.puneet@gmail.com
9.	Research Assistant (Bot)	Mr. Biswajit Paul	9563361598	bpaul8293@gmail.com
10.	Research Assistant (Chemistry)	Dr. Suman Mandal	9330424767	sumanmandal7852@gmail.com
11.	Sister In-charge	Mrs Swapna Bairagi	8403801366	swapnabairagi00@gmail.com
12.	Staff Nurse	Mrs Sumati Singh	9455909014	sumati24.singh@gmail.com
13.	Staff Nurse	Ms. Nongthombam Jonita Devi	7005876131	jonitadevi@gmail.com
14.	Assistant	Mr. Diganta Deka	9864328074	1977dignatadeka.24@gmail.com
15.	Driver	Mr. Ananda Swargiary	9613505735	
16.	Pharmacist Grade-I	Sh. Subir Samanta	7477886438	kingayusubir96@gmail.com
17.	Laboratory Attendant	Mr. Ranjit Kumar Singh	9706559390	rksingh090266@gmail.com
18.	Field Attendant	Mr. Sanikar Das	9864020725	dasanikar@gmail.com
19.	Peon	Mr. Satyendra Mallik	9577344349	manikmallik991@gmail.com

The monthly remuneration received by each of its officers and employees, including the system of compensation as provided in its regulations
List of Employees with Gross Monthly Remuneration of CARI GUWAHATI

S.No.	Name of Officer/Official	Name of the Post	Pay Level
1.	Dr. P. L. Bharati	Research Officer (Ay) In-charge	Level-13, Index-06.
2.	Mr. Devanjal Bora	Research Officer (Botany)	Level-12, Index-08.
3.	Dr. Manajit Bora	Research Officer (Pharmacology)	Level-12, Index-11.
4.	Dr. Girindra Kr. Bora	Research Officer (Bio-Chemistry)	Level-11, Index-05.
5.	Dr. Jeuti Rani Das	Research Officer (Ay)	Level-11, Index-05.
6.	Dr. Amit	Research Officer (Ay)	Level-11, Index-05.
7.	Dr. Masram P. Radhesham	Research Officer (Ay)	Level-11, Index-05.
8.	Dr. Puneet Kumar Singh	Research Officer (Chemistry)	Level-10, Index-06.
9.	Mrs Swapna Bairagi	Sister Incharge	Level-08, Index-13.
10.	Mrs Sumati Singh	Staff Nurse	Level-07, Index-06.
11.	Ms. Nongthombam Jonita Devi	Staff Nurse	Level-07, Index-05.
12.	Mr. Diganta Deka	Assistant	Level-06, Index-10.
13.	Mr. Ananda Swargiary	Driver	Level-06, Index-15.
14.	Mr. Biswajit Paul	Research Assistant (Bot)	Level-06 Index-05
15.	Dr. Suman Mandal	Research Assistant (Chemistry)	Level-06, Index-06.
16.	Mr. Ranjit Kumar Singh	Laboratory Attendant	Level-05, Index-19.
17.	Sh. Subir Samanta	Pharmacist Grade-I	Level-05, Index-03.
18.	Mr. Sanikar Das	Field Attendant	Level-04, Index-19.
19.	Mr. Satyendra Mallik	Peon	Level-04, Index-18.

{Section 4(1)(b)(xi)}

The budget allocation to each of its agency, indicating the particulars of all plans,
Proposed expenditures and reports on disbursements made

Details of the Budgetary Provision to the Institutes during reporting period: 2024-25

No. of staff according to group:-

S. No.	Group	Number of staff					Total	Whether roster maintained or not
		Gen	SC	ST	DBC	Others		
01	A	01	03	01	03	00	08	Maintained by HQ
02	B	01	01	00	02	00	04	Maintained by HQ
03	C	02	03	01	01	00	07	Maintained by HQ

Expenditure: -Grant in Aid Salary 2024-2025.

S.No.	Component	ST Category	Others	Total
1	Male Component	3433180	25446095	28879275
2.	Female Component	0	7206664	7206664
	Total	3433180	32652759	36085939

Resources generated during the year from OPD Registration/IPD/Laboratory investigation/ Panchkarma/Medicinal Plant Sale/Book Sale/APC Drug sale etc for the year 2024-2025.

S.No.	Section	Revenue generated	Amount sent to Council	Remarks
1.	User Charges(OPD,IPD, Laboratory Investigation, Panchkarma therapy)	2375868	2375868	-
2.	Consultancy Services, training if any (Panchakarma Training Course)	180000	180000	-
3.	SB A/c Interest	116117	116117	-
4.	Guest Room Charges	4100	4100	-
5.	Mise Receipt	1300	1300	-
8.	Panchakarma Training Course Application Fees	8500	8500	-
9.	Raw Drug Sale	5000	5000	-
	Total	2690885	2690885	-

Details of the budgetary Provision of the Institute (Contingency) for the year 2024-2025.

Scheme	BE 2024-2025	RE 2024-2025	Funds received HQ	Actual Expenditure
Grant in Aid General Including project and SAP	4,31,28,922	4,17,79,922	4,17,79,922	3,87,70,095
Grant in Aid NER	1,50,71,000	1,46,11,283	1,46,11,283	1,45,99,711
Grant in Aid Capital	2,67,51,368	2,67,51,368	2,67,51,368	2,65,98,968
Grant in Aid TSP	45,00,000	46,40,000	46,40,000	46,40,000
Grant in Aid SCSP	83,66,000	76,24,150	76,24,150	76,24,150

{Section 4(1)(b)(xii)}

The manner of execution of subsidy programmes, including the amounts allocated and the details of beneficiaries of such programmes

As such, subsidy programmes are not undertaken by the Council; however, subsidy/discounts are available on user charges for certain stake holders such as bona fide students, govt. organizations, etc.

{Section 4(1)(b)(xiii)}

Particulars of recipients of concessions, permits or authorizations granted by it

Not applicable

{Section 4(1)(b)(xiv)}

Details in respect of the information available to or held by it, reduced in an electronic form
(Also available at CCRAS's website i.e. www.ccras.nic.in)

{Section 4(1)(b)(xv)}

The particulars of facilities available to citizens for obtaining information, including the working hours of a Library or reading room, if maintained for public use

Information can be obtained from the CARI Guwahati Office of the institute situated at the following address:-

Central Ayurveda Research Institute, Guwahati
Central Council of Research in Ayurvedic Sciences (CCRAS)
Ministry of Ayush, Govt. of India
Barsojai, Beltola, Guwahati, Assam 781028

Requisite fee to obtain the information can be remitted either by Cash into the Cash Section of CCRAS's Headquarters or by Demand Draft, Indian Postal Order in favour of Director General, CCRAS, payable at Delhi.

or

Requisite fee to obtain the information can be remitted either by Cash into the Cash Section of CARI Guwahati or by Demand Draft, Indian Postal Order in favour of Assistant Director Incharge, CARI, Guwahati, payable at Guwahati.

LIBRARY

The Council is maintaining a Departmental Library where publications on various subjects for preserving and promoting research and knowledge in the field of Ayurvedic Sciences.

{Section 4(1)(b)(xvi)}

The names, designations, and other particulars of the Public Information Officers

Dr. P. L. Bharati
Research Officer (Ay.)
Mob. 9435548209
Phone-0361-2303714
E-mail: neiari.guwahati@gmail.com
plbharati@gmail.com